

Worcestershire County Service Directory

Dementia Cafés

The dementia café provides an opportunity to meet once a month in an informal, social environment to talk to other people living with dementia. The café also provides information about dementia, local services and practical information about living well with dementia.

	When	Time	Where	Postcode
Worcester Dementia Café	First Friday	12 noon - 2.00pm	St Peter's Baptist Church, St Peter's Drive, Worcester	WR5 3TZ
Evesham Dementia Café	First Wednesday	11.00am - 1.00pm	Hampton Guide and Scout Hall, Hampton, Evesham	WR11 2PQ
Kidderminster Dementia Café	Third Friday	11.00am - 1.00pm	Evangelical Church, Greatfield Road, Kidderminster	DY11 6PP
Malvern Dementia Café	Second Tuesday	12 noon - 2.00pm	Barnard's Green Cricket Club, North End Lane, Malvern	WR14 2ET
Group Co-ordinator - Helen Attree - 07718 961406. E: helen.attree@alzheimers.org.uk				
Tenbury Dementia Café	Fourth Thursday	10.30am - 12 noon	Tenbury Library, 24 Teme Street, Tenbury	WR15 8AA
Group Co-ordinator - Sam Buckley - 07484 040572. E: samantha.buckley@alzheimers.org.uk				
Bromsgrove Dementia Café	Second Monday	10.30am - 12 noon	Bromsgrove Football Club, Victoria Ground, Birmingham Road, Bromsgrove	B61 0DR
Group Co-ordinator - Jo Weir - 07484 040574. E: joanna.weir@alzheimers.org.uk				
Pershore Dementia Café	Second Wednesday	12 noon - 2.00pm	Pershore Town Football Club, King Georges Way, Pershore	WR10 1QU
Redditch Dementia Café	First Wednesday	11.30am - 1.30pm	Masonic Hall, Easemore Road, Redditch	B98 8ER
Group Co-ordinator - Kacie Hopcroft - 07484 040571. E: kacie.hopcroft@alzheimers.org.uk				

Al's Cafés

For people diagnosed under the age of 65 or living with probable diagnosis under the age of 65 and their, family members and friends. The dementia café provides an opportunity to meet once a month in an informal, social environment to talk to other people living with dementia. The café also provides information about dementia, local services and practical information about living well with dementia.

	When	Time	Where	Postcode
Al's Redditch	Last Wednesday	7.00pm - 9.00pm	The White Hart Inn, Thomas Green Suites, Evesham Rd, Headless Cross, Redditch	B97 5EJ
Group Co-ordinator - Kacie Hopcroft - 07484 040571. E: kacie.hopcroft@alzheimers.org.uk				
Group Facilitator – Gill Read - 07803 116557. E: gillian.read@alzheimers.org.uk				
Al's Worcester	Second Monday	7.00pm - 9.00pm	Sanctuary Group, Sanctuary House, Chamber Court, Castle Street, Worcester	WR1 3ZQ
Group Co-ordinator - Sam Buckley - 07484 040572. E: samantha.buckley@alzheimers.org.uk				
Group Facilitator - Liz Comerford – 07725 220422. E: liz.comerford@alzheimers.org.uk				
Al's Kidderminster	Second Wednesday	7.00pm - 9.00pm	Franch Community Church, Chestnut Grove, Kidderminster	DY11 5QA
Group Co-ordinator/Facilitator– Margaret Parker – 07803 220421. E: margaret.parker@alzheimers.org.uk				

Droitwich Spa Meeting Centre

Innovative new service for people living in Droitwich and surrounding areas with mild to moderate dementia. Provides support to people with dementia and their families/carers, and offers an enjoyable, flexible and inclusive programme.

	When	Time	Where	Postcode
Meeting Centre Droitwich Spa	Wednesday Thursday Friday	10.00am - 4.00pm	Droitwich Spa Community Hall, Heritage Way, Droitwich	WR9 8QT
Manager - Sam Arnold - 07809 539314. E: sam.arnold@alzheimers.org.uk				

Peer Support Groups

Peer Support Groups provide an opportunity to meet once a month with other people. The groups provide information and opportunities to ask questions and learn from the experiences of others.

	When	Time	Where	Postcode
Worcester Carers Support Group	Third Monday	2.15 - 4.15pm	St Peter's Baptist Church, St Peter's Drive, Worcester	WR5 3TZ
Group Co-ordinator - Sam Buckley - 07484 040572. E: samantha.buckley@alzheimers.org.uk				
Bromsgrove & Redditch Support Group for Carers	Fourth Thursday	1.30 - 3.30pm	Prince of Wales Community Hospital, New Haven, Stourbridge Road, Bromsgrove	B61 0BB
Group Co-ordinator - Jo Weir - 07484 040574. E: joanna.weir@alzheimers.org.uk				
Kidderminster Carers self help group (independently run by carers)	Wednesday - various dates	10.30am - 12 noon	Kidderminster Evangelical Church, Greatfield Road, Kidderminster	DY11 6PP
Facilitator: John Jackson - 01299 877114. E: johnkeyway@hotmail.com				

Singing for the Brain

Singing for the Brain is based around the principles of music therapy and singing. The structured group sessions use music to encourage communication and participation and include an opportunity to talk to other people. Each session includes a range of activities including vocal warm-up and singing a variety of familiar and new songs.

	When	Time	Where	Postcode
Singing for the Brain Wyre Forest 1	Second & Fourth Friday	10.30am - 12 noon	Evangelical Church, Greatfield Road, Kidderminster	DY11 6PP
Singing for the Brain Wyre Forest 2	Second & Fourth Thursday	10.30am - 12 noon	Wribbenhall Community Centre, Shaw Hedge Road, Wribbenhall, Bewdley	DY12 1EU
Group Co-ordinator - Helen Attree - 07718 961406. E: helen.attree@alzheimers.org.uk				
Singing for the Brain Powick	Second & Fourth Wednesday	11.45am - 1.15pm	Powick Parish Hall, Malvern Road, Powick	WR2 4RT
Group Co-ordinator - Jo Weir - 07484 040574. E: joanna.weir@alzheimers.org.uk				
Singing for the Brain Evesham	First & Third Tuesday	11.15am - 12.45pm	Hampton Guide and Scout Hall, Pershore Road, Hampton, Evesham	WR11 2PQ
Group Co-ordinator - Sam Buckley - 07484 040572. E: samantha.buckley@alzheimers.org.uk				
Singing for the Brain Redditch	Second & Fourth Tuesday	10.30am - 12 noon	Masonic Hall, Easemore Road, Redditch	B98 8ER
Group Co-ordinator - Kacie Hopcroft - 07484 040571. E: kacie.hopcroft@alzheimers.org.uk				

Self-funded Activity Groups

Activity groups give people affected by dementia the opportunity to take part in structured activities. Run by a facilitator, who encourages and supports people to take part, the groups are also a chance to relax and socialise.

Groups will run in different locations around the county. For more information please contact Helen Attree, details below.

Dementia Support Manager - Helen Attree - 01684 891455 / 07718 961506. E: helen.attree@alzheimers.org.uk

Dementia Support Workers

The Dementia Support Service is specific to each person's needs and is decided in agreement with them. The service provides one to one support to people with dementia and their carers and can be provided face to face, over the telephone or via written communication. Dementia Support Workers provide information, guidance and practical support to help people to understand dementia, cope with day to day living with dementia and prepare for the future. The service also supports people to access other services

	When	Time	Where	Postcode
Dementia Support Worker Service	Available Monday – Friday for support and home visits	9.00am-4.30pm	Alzheimer's Society, Ombersley Office or in the community	

Dementia Support Manager – Liz Comerford – 01905 621868 / 07725 220422. E: liz.comerford@alzheimers.org.uk

Side by side - Community

Side by Side is an Alzheimer's Society service which helps people with dementia to keep doing the things they love with the support of a volunteer. Our free one-to-one support makes it easier for people with dementia, who might sometimes feel isolated or find it difficult to leave their homes, remain active and feel part of their local community. The service is available across Worcestershire.

Manager: Janet Smith 01684 891445 / 07885 228890. E: janet.smith@alzheimers.org.uk

Side by side - Hospital

We offer this service in Worcestershire Royal Hospital. A stay in hospital can be a frightening, isolating experience and we aim to help make that stay a more enjoyable one, to enable the patient retain a 'sense of self'.

Our volunteers will not only sit with the person affected by dementia, but may also offer social activities eg group singing, reminiscence, games and jigsaws. There may be beauty treatments available (eg manicures) and we hope to have a full programme on offer in the near future.

Manager: Sam Skilbeck 01905 621868 / 07885 228891. E: samantha.skilbeck@alzheimers.org.uk

Service User Involvement Group

A group of people living in Redditch and Bromsgrove who are affected by dementia, who meet to support each other and find ways to improve services and attitudes in our local community.

	When	Time	Where	Postcode
Redditch Friends Together	Every Friday	10.30am - 12.30pm	Terry Spring Court, Westfield Rd, Redditch	B98 7DJ

Group Co-ordinator - Jan Little – 07833 146207. E: janet.little@alzheimers.org.uk

Dementia Awareness, Information Talks and Stands

We provide a range of informative talks on dementia tailored to individual need. We can offer your group, organisation or business a free 1 hr information and/or Dementia Friends session. This service is available throughout Worcestershire - Monday to Sunday.

Contact; Samantha Wood 01905 621868 / 07507 767475. E: sam.wood@alzheimers.org.uk

Information and Advice Locally

We understand the importance of providing quality information to people with dementia, carers, family, friends and professionals.	Available – Friday 9.00am - 4.30pm	Monday	Alzheimer's Society, Worcestershire Office, The Coach House, Main Road, Ombersley, Droitwich, Worcestershire, WR9 0EW T: 01905 621868 E: worcestershire@alzheimers.org.uk
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We produce a wide range of publications designed to support and inform anyone affected by dementia.

Out of office hours call: National Dementia Helpline: 0300 222 1122