

Carer Direct Payment

You may be entitled to a Carer Direct Payment to spend on yourself to:

- improve your health and well-being
- help you to manage your daily routines
- help you to maintain relationships, interests, and other commitments
- attend religious or cultural venues
- further your education
- engage in leisure activities

A Carer Direct Payment aims to provide you with opportunities for regular respite activities or help with practical solutions that could ultimately help to support you to continue in your caring role.

What can I spend it on?

Be creative and flexible to meet your needs with activities such as driving lessons, gym membership, a weekend break, fishing, football tickets, music lessons or watercolour classes.

Discuss the options with your Social/Health Worker.

How to apply

When your Carers' Assessment or review is completed, your Social/Health Worker will make an application to the Carers' Unit to apply for a Carer Direct Payment, if the need for the service is clearly identified.

If the application is successful, you will receive a letter from the Carers' Unit confirming all details.

This is not an annual payment and the need for the service has to be re-assessed before another application is made.